

Circular 188/ 2018

To: Owners, Managers, Masters, Deputy Registers

Subject: MLC Hours of Work and Rest Tool – updated for 2019

Relevant Circulars: 163/2017

Date: 7th December 2018

Summary

Dear Captains and Managers,

In order to simplify the application of the MLC Regulation 2.3 – Hours of work and hours of rest – and to prevent non-conformities raised by external auditors or Port State Control, we strongly recommend you employ the attached MLC Work Rest Tool, which will allow you to monitor MLC hours of work and rest.

In the application of the MLC standards, each vessel must take account of the dangers posed by fatigued seafarers, especially those who's duties involve navigational safety and the safe and secure operation of the ship.

It is therefore, in the common interest of all the parties involved, to ensure the limits fixed by the Regulation 2.3 of the MLC are complied with.

The attached gives you a tool to monitor the hours worked on board and will help to identify immediately any inability to comply with the MLC Regulation 2.3.

Guidelines for the use of the MLC Work Rest Tool

The file is password protected– ensuring the formulas and layout remains in tact.

In the first sheet you can fill the vessel and seafarers details that will automatically be repeated on all pages.

There is a sample sheet, which gives guidance.

The hours shall be indicated with the following letters:

“w” means working hours

“r” means rest hours

“n” means neutral hours (this letter shall be used in case of more than two rest periods in one day, in application of the rule 2.3.6 “hours of rest may be divided into no more than two periods, one of which shall be at least six hours in length, and the interval between consecutive periods of rest shall not exceed 14 hours”).

The Work Rest Tool has been updated to reflect the year 2019.



If you have any comments or need assistance, please contact the MLC department at mlc@maritimecookislands.com

Please ensure this circular is forwarded to interested parties.